

Play-dough!

ACTIVITY

nannypax

created by nannies, for nannies



A great opportunity for role play, imagination, alongside building fine motor skills - the creative possibilities are endless!

Depending on how much play dough you want to make choose the size of your cup /mug accordingly, as long as you use the same cup when measuring it'll work!

Helpful tip! If you're using liquid food colouring add it to the water and if you're using gel food colouring, kneed into the dough once cooked! Also, when it comes to oil, we used coconut oil as its kind on sensitive skin and adds a nice smell to the dough but you can also use vegetable oil!

Assemble with:



1 cup of plain flour



1 teaspoon of cream of tartar



A few drops of food colouring



1/2 a tsp of salt



1 tbsp of oil



1 cup of water

1



Gather all your ingredients together.

2



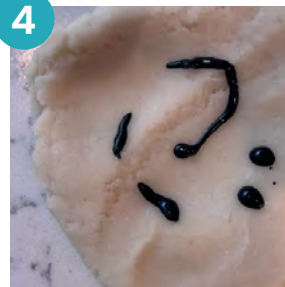
Measure all of the ingredients into a pan

3



Mix together and then continue your mix over a medium heat until a dough is formed

4



Take the dough out of the pan, let it cool for a few minutes before kneading it together.

This is where you can add the food colouring if using gel!

5



Store in a air tight container ready to play with & enjoy!